

## **THE BARROW bar and bistro**

Sorry we don't serve fast food ! But We do serve fresh food as quick as we can

### **STARTERS**

A Basket of freshly baked bread with balsamic vinegar olive oil 2 45

Freshly baked Garlic bread 2,00 Garlic bread with melting Cheddar cheese 3.00

Johns own Liver and pork pate enriched with cream and brandy, served with chutney & toast 4.95

Made to our own recipe Grilled black pudding with apple, baby salad leaves & curried dressing 4.95

Potted ham terrine with pineapple pickle & free range fried pullet egg 4.95

Pear, walnut and stilton salad with crisp bacon and croutons 4.95

Sautéed field mushrooms with tomato , parsley & pine nuts 4.95

Welsh rarebit on toast with bacon & Worcester sauce dressing 4.50

Grilled Welsh goats cheese on a with fresh beetroot 4.50

### **Pasta and Risotto**

V Spaghetti with rocket, tomatoes, pine nuts, basil and parmesan 8 95

V Cauliflower cheese risotto with brie and cheddar 8.95

### **Main course**

Char grilled Succulent local Welsh Sirloin steak .Served with Fresh chips, tomato and watercress £14.00

Succulent 10oz Welsh rump steak Served with fresh chips ,tomato and water cress £14.00

Prime welsh fillet cooked to your liking Served with hand cut chips tomato and watercress £19.50

Why not try one of our freshly made sauces , Cracked black peppercorn, blue cheese, or Diane 2 00

Plump Free range chicken with a creamy leek and white wine sauce 9.95

Six hour slow braise of Alwyn Royals Conwy valley lamb with redcurrant jelly and mint

Natural dry cure local free range bacon loin ,with creamy champ potato and a wholegrain mustard sauce 7.95

Beef steak and ale pie with a short crust pastry 8 95

Creamy Welsh lamb and coconut curry with fragrant rice ,roast almonds and coriander 7.95

Homemade grilled 100% beef burger on a ciabatta bun with chips 8.95

Phil the butchers natural hand made Welsh pork sausages with creamy mash potatoes and onion gravy 6.95

Whole grilled lemon sole with parsley butter 12 50

Please check the black boards for today's specials

### **Side orders All at 2.50**

Hand cut chips, Crispy onion rings, Cauliflower cheese, Buttered broccoli Dauphenoise potatoes,

## MENNAS HOME MADE DESSERTS & PUDDINGS

STICKY TOFFEE PUDDING WITH HOT BUTTERSCOTCH SAUCE 4.25

FRUIT CRUMBLE WITH PROPER CUSTARD 4.25

WELSH FRESH CREAM VANILLA CHEESECAKE WITH SUMMER BERRIES IN CASSIS SYRUP 4.25

CREME BRULEE MADE WITH FREE RANGE EGGS FRESH CREAM AND VANILLA 4.25

WARM TRIPLE CHOCOLATE BROWNIE WITH SEVILLE ORANGE MARMALADE ICE CREAM 4.25

GLAZED BANANA ,BAILIES ICE CREAM AND CHOCOLATE SUNDIE WITH A TUILE BISCUIT 4.25

FRESH RASPBERRY AND MASCAPONI CREAM TRIFE 4,25

LOCAL WELSH DAIRY FARMHOUSE CLOTTED CREAM ICE CREAM WITH PORT LACED BERRIES 4.25

WARM RICE PUDDING WITH BRAMLEY APPLE CRUMBLE & SHORTBREAD CRUMBLE

WHY NOT Add a scoop of ice cream of your choice to any dessert for just for 1.50

A SELECTION OF CHEESES WITH CRACKERS, CHUTNEY AND FRUIT 4.50

WELSH DAIRY FARMHOUSE ICE CREAM

BELGIAN CHOCOLATE, BANOFFEE, STRAWBERRY, VANILLA CLOTTED CREAM

OR CASSIS SORBET 4.25 two scoops of your choice

FRESHLY BREWED COFFEES

BLACK COFFEE, AMERICANO , OR ESPRESSO

SMALL CAPUCCINO OR WHITE COFFEE 1.95

LARGE CAPPUCCINO OR LATTE 2.40

POT OF TEA 1.90

COFFEE CREAM FLOATER 2.75

LIQUEUR COFFEE WITH A LIQUEUR OF YOUR CHOICE (25mls) 4.50

CHOC MINT HEAVEN TAKE CADBURY'S HOT CHOCOLATE, CREME DE MENTHE AND A SLUG OF BAILEYS, TOP WITH CREAM AND DUST WITH CHOCOLATE 5.50

GRANDE CHOCOLATE AS ABOVE BUT WITH GRANDE MARNIER 5.50

CAFE MOCHA THE HOT CHOCOLATE WITH KAHLUA AND A SLUG OF BAILEYS, CREAM AND DUSTED WITH CHOCOLATE 5.50